



# mary rezek.

## MARY REZEK IS A DISRUPTOR.

She is known to ask the tough questions that incite awareness and inspire change.

Mary enables leaders to find a new way forward, witness behavior change to gain better results.

### MARY'S COACHING SWEET SPOTS

#### EXECUTIVE COACHING

- On boarding (role and geography)
- Role Transition and Readiness
- Cultural Immersion
- Women in Leadership

#### LEADERSHIP TEAM INTEGRATION

- New Teams
- Dysfunctional Teams

#### SPEAKER COACHING

- Pitching to the Board
- All Hands Meetings
- Company Performance Results
- TEDx Power Presentations

### MARY'S COACHING EXPERIENCE:

Mary has accumulated over 25 years of on-the-ground experience coaching executives from China, Hong Kong, Singapore, Korea, the U.S., Australia, the U.K amongst others. Mary works with start-ups and Fortune 500s. Her list of clients include Macquarie Group, Swire Group, GAP Inc., Cathay Pacific, FUCHS Petroleum, Accenture, The Silk Initiative, Redfern Associates, Schneider Electric, Phillip Morris, Air New Zealand, IKEA, Kimberly-Clark and more.

### MARY'S APPROACH TO EXECUTIVE COACHING

Drawing upon her vast toolkit of experience, Mary developed her signature 3D coaching approach: **Distill. Disrupt. Defibrillate.** This approach enables leaders to better navigate the volatile, uncertain, complex and ambiguous new world, by equipping them with the insights they require for greater personal and professional impact across their domain.

### HOW MARY STARTED COACHING:

Mary moved to Shanghai, China in 1998 and started her career with PwC (China) as National Training Manager.

Mary then joined Microsoft Asia Pacific in 2000 as the Regional Training Manager, and shortly after was promoted to Regional Organizational Development Consultant. She was responsible for developing, curating and managing senior leadership development programs and processes across 14 Asian countries

### MORE ABOUT MARY:

Mary is a feisty motorcycle-riding enthusiast, loves baking pies, making jams, and raising chickens. (Yes, you read correctly!)

Mary practices what she preaches She break rules, drives, fast and talks straight. She seeks change and new experiences in her own life, and coaches leaders to boost their ability to do this as well. This is what makes Mary so unique.

Mary is also a regular contributor for INC Magazine, Entrepreneur, Success Magazine, Smartbrief, an active member of Soroptimist. International of Napa, California, and TED Speaker Coach.